



CHARLTON HESTON

3yr BREAKFAST

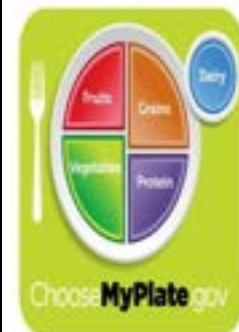


Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



WEEK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

June
1st-5th

Muffins
Oranges
Milk

Yogurt
Peaches
Milk

Banana
bread
Mixed Fruit
Milk

Pancakes
Bananas
Milk

Frudels
Fruit cup
Milk

June
8th-11th

Cereal
Apples
Milk

Waffles
Peaches
Milk

Bagels
Applesauce
Milk

Muffins
Mandarin
Oranges
Milk



CHARLTON HESTON

Prek BREAKFAST



Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



WEEK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

June
1st-5th

Muffins
Oranges
Milk

Yogurt
Peaches
Milk

Banana
bread
Mixed Fruit
Milk

Pancakes
Bananas
Milk

No
School

June
8th-11th

Cereal
Apples
Milk

Waffles
Peaches
Milk

Bagels
Applesauce
Milk

Muffins
Mandarin
Oranges
Milk



CHARLTON HESTON K-12 BREAKFAST

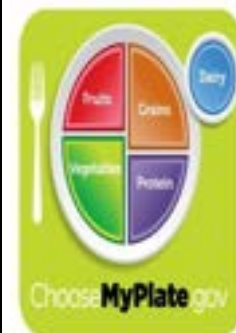


**Daily Milk
Choices:**

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



WEEK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

June
1st-5th

Muffins
Juice
Milk

Frudels
Apples
Milk

Banana
bread
Fruit cup
Milk

Cinnamon
roll
Bananas
Milk

Donuts
Juice
Milk

June
8th-11th

Benefit bars
Oranges
Milk

Waffles
Juice
Milk

Chefs Choice
Applesauce
Milk

Muffins
Fruit cup
Milk

CHA Patriots Café

3yr LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 1 st -5 th	Chicken Sandwich Smile Fries Apples Milk	Walking Taco Corn Sorbet Milk	Waffles Sausage Hash brown Mixed berries Milk	Chefs Choice Green beans Oranges Milk	Bosco sticks Broccoli Fruit cup Milk
June 8 th -11 th	Hamburgers Baked beans Applesauce Milk	Sweet & Sour Chicken Fried Rice Mixed Veggies Pears Milk	Mac and Cheese Broccoli Sorbet Milk	Calzones Mixed Veggies Apples Milk	

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

Prek LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 1 st -5 th	Chicken Sandwich Smile Fries Apples Milk	Walking Taco Corn Sorbet Milk	Waffles Sausage Hash brown Mixed berries Milk	Chefs Choice Green beans Oranges Milk	No School
June 8 th -11 th	Hamburgers Baked beans Applesauce Milk	Sweet & Sour Chicken Fried Rice Mixed Veggies Pears Milk	Mac and Cheese Broccoli Sorbet Milk	Calzones Mixed Veggies Apples Milk	

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

K-5 LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 1 st -5 th	Chicken Sandwich Smile Fries Fruit cup Milk	Walking Taco Corn Peppers Sorbet Milk	Waffles Sausage Hash brown Mixed berries Milk	Chefs Choice Green beans Apples Milk	Bosco sticks Salad Broccoli Fruit cup Milk
June 8 th -11 th	Hamburgers Chips Baked beans Applesauce Milk	Sweet & Sour Chicken Fried Rice Mixed Veggies Fruit cup Milk	Mac and Cheese Roll Broccoli Sorbet Milk	Calzones Salad Mixed Veggies Apples Milk	

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

6-8 LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 1 st -5 th	Chicken Sandwich Smile Fries Fruit cup Milk	Walking Taco Corn Peppers Sorbet Milk	Waffles Sausage Hash brown Mixed berries Milk	Chefs Choice Green beans Apples Milk	Bosco sticks Salad Broccoli Fruit cup Milk
June 8 th -11 th	Hamburgers Chips Baked beans Applesauce Milk	Sweet & Sour Chicken Fried Rice Mixed Veggies Fruit cup Milk	Mac and Cheese Roll Broccoli Sorbet Milk	Calzones Salad Mixed Veggies Apples Milk	

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

9-12 LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 1 st -5 th	Chicken Sandwich Smile Fries Fruit cup Milk	Walking Taco Corn Peppers Sorbet Milk	Waffles Sausage Hash brown Mixed berries Milk	Chefs Choice Green beans Apples Milk	Bosco sticks Salad Broccoli Fruit cup Milk
June 8 th -11 th	Hamburgers Chips Baked beans Applesauce Milk	Sweet & Sour Chicken Fried Rice Mixed Veggies Fruit cup Milk	Mac and Cheese Roll Broccoli Sorbet Milk	Calzones Salad Mixed Veggies Apples Milk	

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.





CHA SNACKS

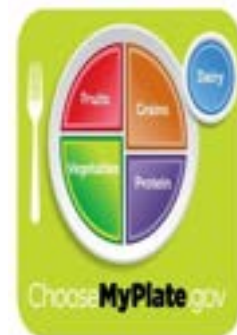
June

**Daily Milk
FAT FREE
WHITE**

Students are encouraged to try the daily fruits and vegetables offered.

**WE OFFER A
FRESH FRUIT
AND VEGETABLE
EVERY DAY**

**MENU SUBJECT
TO CHANGE**



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 1st-5th	Pretzels Mandarin Oranges	Grams Pears	Cheese Crackers Apples	Cottage Cheese Peaches	Cheese Stick Applesauce
June 8th-11th	Pita Chips Cheese Dip	Cucumbers Apples	Yogurt Berries	Crackers Pears	



CHA SNACKS

June Prek

**Daily Milk
FAT FREE
WHITE**

Students are encouraged to try the daily fruits and vegetables offered.

**WE OFFER A
FRESH FRUIT
AND VEGETABLE
EVERY DAY**

**MENU SUBJECT
TO CHANGE**



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 1st-5th	Pretzels Mandarin Oranges	Grams Pears	Cheese Crackers Apples	Cottage Cheese Peaches	No School
June 8th-11th	Pita Chips Cheese Dip	Cucumbers Apples	Yogurt Berries	Crackers Pears	