



CHARLTON HESTON 3yr BREAKFAST

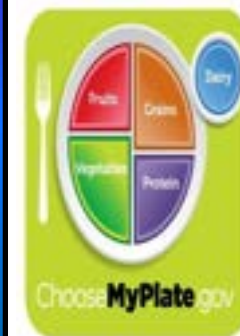


Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



Choose **MyPlate**.gov

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6 th -10 th	Banana Bread Oranges Milk	Yogurt Peaches Milk	Waffles Apples Milk	Muffins Fruit Cocktail Milk	Cereal Fruit Cup Milk
April 13 th -17 th	English Muffin Apples Milk	Banana Bread Peaches Milk	Pancakes Oranges Milk	Cereal Banana Milk	Yogurt Strawberry Milk
April 20 th -24 th	Bagels Cream Cheese Oranges Milk	Blueberry Bread Apples Milk	Waffles Bananas Milk	Smoothie Mandarin Oranges Milk	Cereal Peaches Milk
April 27 th -30 th	Yogurt Strawberry Milk	French Toast Applesauce Milk	Muffins Peaches Milk	Cereal Oranges Milk	Waffles Apples Milk



CHARLTON HESTON Prek BREAKFAST

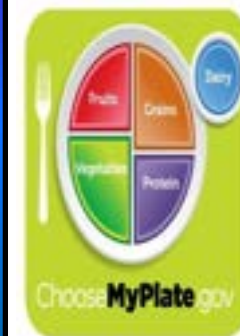


**Daily Milk
Choices:**

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



Choose **MyPlate**.gov

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6 th -10 th	Banana Bread Oranges Milk	Yogurt Peaches Milk	Waffles Apples Milk	Muffins Fruit Cocktail Milk	No School
April 13 th -17 th	English Muffin Apples Milk	Banana Bread Peaches Milk	Pancakes Oranges Milk	Cereal Banana Milk	No School
April 20 th -24 th	Bagels Cream Cheese Oranges Milk	Blueberry Bread Apples Milk	Waffles Bananas Milk	Smoothie Mandarin Oranges Milk	No School
April 27 th -30 th	Yogurt Strawberry Milk	French Toast Applesauce Milk	Muffins Peaches Milk	Cereal Oranges Milk	No School



CHARLTON HESTON K-12 BREAKFAST

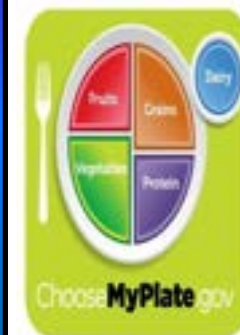


Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6 th -10 th	Benefit Bars Juice Milk	Cinnamon Roll Craisins Milk	Yogurt Grams Peaches Milk	Muffins Juice Milk	Chefs Choice Fruit Cup Milk
April 13 th -17 th	Cocoa Cherry Bar Cheese Apples Milk	Banana Bread Juice Milk	Pancakes Oranges Milk	Donuts Banana Milk	Frudels Juice Milk
April 20 th -24 th	Bagels Cream Cheese Fruit Cup Milk	Poptart Apples Milk	Waffles Bananas Milk	Ubr Cookies Cheese Sticks Oranges Milk	Chefs Choice Juice Milk
April 27 th -30 th	Blueberry Bread Applesauce Milk	French Toast Fruit Cup Milk	Muffins Juice Milk	Cereal Bar Cheese Oranges Milk	Donuts Apples Milk

CHA Patriots Café

3yr LUNCH

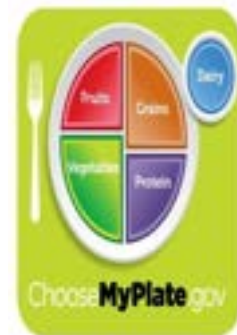
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6 th -10 th	Chicken Sandwich Smile Fries Apples Milk	Pasta w Meat Sauce Green beans Mandarin Oranges Milk	Bosco Stick Broccoli Pears Milk	Grilled Cheese Carrots Applesauce Milk	Chefs Choice Veggies Sorbet Milk
April 13 th -17 th	Sliders Carrots Mixed Fruit Milk	Mac n Cheese Broccoli Apples Milk	Chicken Tenders Potato Corn Sorbet	Walking Taco Green beans Oranges Milk	Calzones Salad Fruit Cup Milk
April 20 th -24 th	Chicken Sandwich Breaded Cauliflower Applesauce Milk	Bosco Sticks Carrots Pears Milk	Teriyaki Beef Rice Mixed Veggies Apples Milk	Waffles Sausage Hash browns Mixed Berries Milk	Pizza Broccoli Apples Milk
April 27 th -30 th	Hamburgers Baked beans Mandarin Oranges Milk	Chicken Nuggets Potato Mixed Fruit Milk	Calzones Broccoli Pears Milk	Grilled Cheese Green beans Applesauce Milk	Bosco Sticks Carrots Fruit Cup Milk

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café Prek LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6 th -10 th	Chicken Sandwich Smile Fries Apples Milk	Pasta w Meat Sauce Green beans Mandarin Oranges Milk	Bosco Stick Broccoli Pears Milk	Grilled Cheese Carrots Applesauce Milk	No School
April 13 th -17 th	Sliders Carrots Mixed Fruit Milk	Mac n Cheese Broccoli Apples Milk	Chicken Tenders Potato Corn Sorbet	Walking Taco Green beans Oranges Milk	No School
April 20 th -24 th	Chicken Sandwich Breaded Cauliflower Applesauce Milk	Bosco Sticks Carrots Pears Milk	Teriyaki Beef Rice Mixed Veggies Apples Milk	Waffles Sausage Hash browns Mixed Berries Milk	No School
April 27 th -30 th	Hamburgers Baked beans Mandarin Oranges Milk	Chicken Nuggets Potato Mixed Fruit Milk	Calzones Broccoli Pears Milk	Grilled Cheese Green beans Applesauce Milk	No School

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

K-5 LUNCH

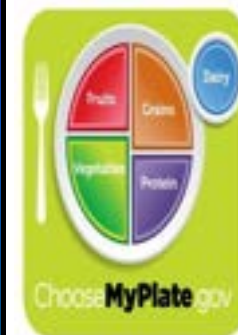
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6-10 th	Chicken Sandwich Smile Fries Apples Milk	Pasta w Meat Sauce Garlic Stick Green beans Fruit Cup Milk	Bosco Sticks Salad Broccoli Pears Milk	Italian Sub Chips Carrots Grapes Milk	Chefs Choice Veggies Sorbet Milk
April 13 th -17 th	Sliders Carrots Pasta Salad Fruit Cup Milk	Mac n Cheese Roll Broccoli Apples Milk	Chicken Tenders Potato's Corn Sorbet Milk	Walking Taco Refried Beans Peppers Oranges Milk	Calzones Salad Green beans Fruit Cup Milk
April 20 th -24 th	Chicken Sandwich Breaded Cauliflower Applesauce Milk	Hot Dogs Baked Beans Carrots Cucumbers Sorbet Milk	Teriyaki Beef Rice Mixed Veggies Fruit Cup Milk	Waffles Sausage Hash brown Mixed Berries Milk	Pizza Salad Broccoli Apples Milk
April 27 th -30 th	Hamburgers Carrots Cucumbers Sorbet Milk	Chicken Nuggets Potatos Corn Pears Milk	Quesadilla Salad Apples Milk	Pulled Pork Sandwich Chips Baked Beans Fruit Cup Milk	

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

6-8 LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6-10 th	Chicken Sandwich Smile Fries Apples Milk	Pasta w Meat Sauce Garlic Stick Green beans Fruit Cup Milk	Bosco Sticks Salad Broccoli Pears Milk	Italian Sub Chips Carrots Grapes Milk	Chefs Choice Veggies Sorbet Milk
April 13 th -17 th	Sliders Carrots Pasta Salad Fruit Cup Milk	Mac n Cheese Roll Broccoli Apples Milk	Chicken Tenders Potato's Corn Sorbet Milk	Walking Taco Refried Beans Peppers Oranges Milk	Calzones Salad Green beans Fruit Cup Milk
April 20 th -24 th	Chicken Sandwich Breaded Cauliflower Applesauce Milk	Hot Dogs Baked Beans Carrots Cucumbers Sorbet Milk	Teriyaki Beef Rice Mixed Veggies Fruit Cup Milk	Waffles Sausage Hash brown Mixed Berries Milk	Pizza Salad Broccoli Apples Milk
April 27 th -30 th	Hamburgers Baked beans Cucumbers Sorbet Milk	Chicken Nuggets Potatos Corn Pears Milk	Quesadilla Salad Apples Milk	Turkey & Bacon Sub Chips Carrots Fruit Cup Milk	

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

9-12 LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6-10 th	Chicken Sandwich Smile Fries Apples Milk	Pasta w Meat Sauce Garlic Stick Green beans Fruit Cup Milk	Bosco Sticks Salad Broccoli Pears Milk	Italian Sub Chips Carrots Grapes Milk	Chefs Choice Veggies Sorbet Milk
April 13 th -17 th	Sliders Carrots Pasta Salad Fruit Cup Milk	Mac n Cheese Roll Broccoli Apples Milk	Chicken Tenders Potato's Corn Sorbet Milk	Walking Taco Refried Beans Peppers Oranges Milk	Calzones Salad Green beans Fruit Cup Milk
April 20 th -24 th	Chicken Sandwich Breaded Cauliflower Applesauce Milk	Hot Dogs Baked Beans Carrots Cucumbers Sorbet Milk	Teriyaki Beef Rice Mixed Veggies Fruit Cup Milk	Waffles Sausage Hash brown Mixed Berries Milk	Pizza Salad Broccoli Apples Milk
April 27 th -30 th	Hamburgers Baked beans Cucumbers Sorbet Milk	Chicken Nuggets Potatos Corn Pears Milk	Quesadilla Salad Apples Milk	Turkey & Bacon Sub Chips Carrots Fruit Cup Milk	

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.





CHA SNACKS

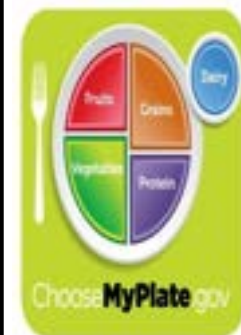
April

**Daily Milk
FAT FREE
WHITE**

Students are encouraged to try the daily fruits and vegetables offered.

**WE OFFER A
FRESH FRUIT
AND VEGETABLE
EVERY DAY**

**MENU SUBJECT
TO CHANGE**



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 6 th -10 th	Grams Fruit Cup	Fruit Cheese Cubes	Frozen Berries Yogurt	Cucumbers Crackers	Fresh Fruit Pretzels
April 13 th -17 th	Cottage Cheese Peaches	Oranges Cheese Crackers	Tortilla Chips Salsa	Fresh Fruit Crackers	Pita Chips Cheese Dip
April 20 th -24 th	Grams Fruit Cup	Fruit Cheese Cubes	Frozen Berries Yogurt	Cucumbers Crackers	Fresh Fruit Pretzels
April 27 th -30 th	Cottage Cheese Peaches	Oranges Cheese Crackers	Tortilla Chips Salsa	Fresh Fruit Crackers	Pita Chips Cheese Dip