



CHARLTON HESTON 3YR BREAKFAST

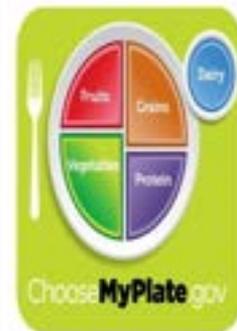


Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



Choose **MyPlate**.gov

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2 nd -6 th	Muffins Apples Milk	Yogurt Blueberries Milk	Pancakes Oranges Milk	Banana Bread Peaches Milk	Cereal Applesauce Milk
March 9 th -13 th	Yogurt Strawberry Milk	Cereal Oranges Milk	Bagels, Apple butter Bananas Milk	Waffles Mixed Fruit Milk	Blueberry Bread Juice Milk
March 16 th -20 th	English Muffins Apples Milk	Banana Bread Bananas Milk	Muffins Oranges Milk	French Toast Peaches Milk	Cereal Applesauce Milk
March 23 rd -25 th	Waffles Mixed Fruit Milk	Bagels Cream cheese Bananas Milk	Yogurt Peaches Milk	Blueberry Bread Oranges Milk	No School



CHARLTON HESTON Prek BREAKFAST

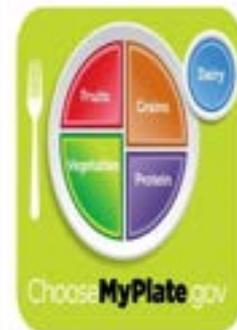


Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



Choose **MyPlate** .gov

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2 nd -6 th	Muffins Apples Milk	Yogurt Blueberries Milk	Pancakes Oranges Milk	Banana Bread Peaches Milk	No School
March 9 th -13 th	Yogurt Strawberry Milk	Cereal Oranges Milk	Bagels, Apple butter Bananas Milk	Waffles Mixed Fruit Milk	No School
March 16 th -20 th	English Muffins Apples Milk	Blueberry Bread Bananas Milk	Muffins Oranges Milk	French Toast Peaches Milk	No School
March 23 rd -25 th	Waffles Mixed Fruit Milk	Bagels Cream Cheese Bananas Milk	Yogurt Peaches Milk	Banana Bread Oranges Milk	No School



CHARLTON HESTON K-12 BREAKFAST

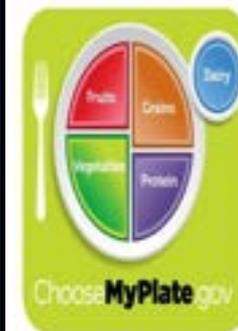


Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered.

Menu Subject to change.



Choose **MyPlate**.gov

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2 nd -6 th	Muffins Juice Milk	Frudels Fruit cup Milk	Cinnamon Roll Apples Milk	Donuts Juice Milk	Chefs Choice Fresh Fruit Milk
March 9 th -13 th	Benefit Bars Fruit cup Milk	Pancakes Juice Milk	Bagels, Apple butter Apple slices Milk	Smoothie Grams Bananas Milk	Cocoa Cherry Bar Cheese stick Oranges Milk
March 16 th -20 th	Poptarts Apples Milk	Blueberry Bread Fruit cup Milk	Chefs Choice Bananas Milk	French Toast Juice Milk	Muffins Applesauce Milk
March 23 rd -25 th	Cereal Bar Cheese stick Fruit cup Milk	Brk Pizza Juice Milk	Donuts Apples Milk	Banana Bread Oranges Milk	No School

CHA Patriots Café

3yr LUNCH

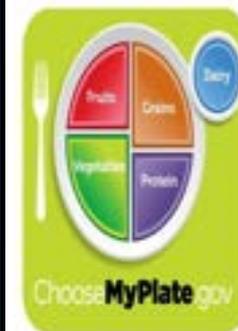
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2 nd -6 th	Bosco Stick Broccoli Fruit cup Milk	Pasta-w-meat sauce Greenbeans Pears Milk	Chicken Sandwich Smile Fries Fruit cup Milk	Tacos Corn Apples Milk	Quesadilla Salad Oranges Milk
March 9 th -13 th	Hamburger Sweet Fries Applesauce Milk	Mac & Cheese Broccoli Apples Milk	Chicken Tenders Potato Corn Mixed Fruit Milk	Chili Cornbread Cauliflower Pears Milk	Calzones Salad Fruit cup Milk
March 16 th -20 th	Sliders Broccoli Oranges Milk	Chicken Fajita Corn Applesauce Milk	Waffles Sausage Hashbrown Mixed berries Milk	Bosco sticks Greenbeans Apples Milk	Chefs Choice Veggies Fresh Fruit Milk
March 23 rd -26 th	Mac & Cheese Broccoli Apples Milk	Walking Taco Salad Pears Milk	Popcorn Chicken Potatoes Corn Mixed Fruit Milk	Calzones Carrots Fruit cup Milk	No school

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café Prek LUNCH

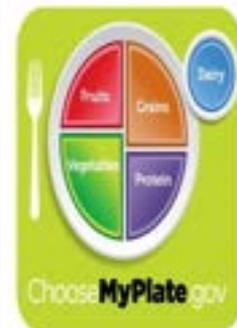
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2 nd -6 th	Bosco Stick Broccoli Peaches Milk	Pasta-w-meat sauce Greenbeans Pears Milk	Chicken Sandwich Smile Fries Mixed Fruit Milk	Tacos Corn Apples Milk	No School
March 9 th -13 th	Hamburger Sweet Fries Applesauce Milk	Mac & Cheese Broccoli Pears Milk	Chicken Tenders Potato Corn Mixed Fruit Milk	Chili Cornbread Cauliflower Apples Milk	No School
March 16 th -20 th	Sliders Broccoli Oranges Milk	Chicken Fajita Corn Applesauce Milk	Waffles Sausage Hashbrown Mixed berries Milk	Bosco sticks Greenbeans Peaches Milk	No School
March 23 rd -26 th	Mac & Cheese Broccoli Apples Milk	Walking Taco Salad Pears Milk	Popcorn Chicken Potatoes Corn Mixed Fruit Milk	Calzones Carrots Applesauce Milk	No School

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

K-5 LUNCH

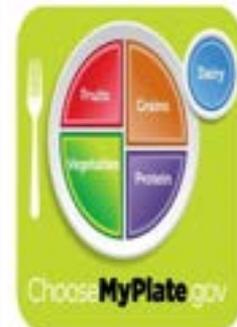
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2 nd -6 th	Corndogs Bakedbean Salad Fruit cup Milk	Pasta-w-meat sauce Garlic Knot Greenbeans Pears Milk	Chicken Sandwich Smile Fries Grapes Milk	Tacos Corn Cucumbers Apples Milk	Quesadilla Salad Broccoli Oranges Milk
March 9 th -13 th	Hamburger Sweet Fries Greenbean Applesauce Milk	Mac &Cheese Roll Broccoli Apples Milk	Chicken Tenders Potato Corn Mixed Fruit Milk	Chili Cornbread Cauliflower Pears Milk	Calzones Salad Fruit cup Milk
March 16 th -20 th	Beef & Gravy Rice Broccoli Oranges Milk	Chicken Fajita Corn Cucumbers Applesauce Milk	Waffles Sausage Hashbrown Mixed berries Milk	Bosco sticks Greenbeans Salad Apples Milk	Chefs Choice Veggies Fresh Fruit Milk
March 23 rd -26 th	Mac &Cheese Broccoli Roll Apples Milk	Walking Taco Salad Grapes Milk	Popcorn Chicken Potatoes Corn Mixed Fruit Milk	Calzones Carrots Pears Milk	No school

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

3yr LUNCH

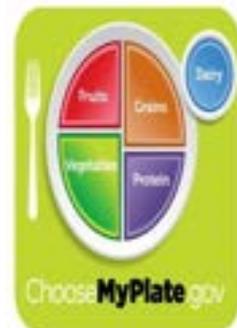
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2 nd -6 th	Bosco Stick Broccoli Fruit cup Milk	Pasta-w-meat sauce Greenbeans Pears Milk	Chicken Sandwich Smile Fries Fruit cup Milk	Tacos Corn Apples Milk	Quesadilla Salad Oranges Milk
March 9 th -13 th	Hamburger Sweet Fries Applesauce Milk	Mac & Cheese Broccoli Apples Milk	Chicken Tenders Potato Corn Mixed Fruit Milk	Chili Cornbread Cauliflower Pears Milk	Calzones Salad Fruit cup Milk
March 16 th -20 th	Sliders Broccoli Oranges Milk	Chicken Fajita Corn Applesauce Milk	Waffles Sausage Hashbrown Mixed berries Milk	Bosco sticks Greenbeans Apples Milk	Chefs Choice Veggies Fresh Fruit Milk
March 23 rd -26 th	Mac & Cheese Broccoli Apples Milk	Walking Taco Salad Pears Milk	Popcorn Chicken Potatoes Corn Mixed Fruit Milk	Calzones Carrots Fruit cup Milk	No school

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

9-12 LUNCH

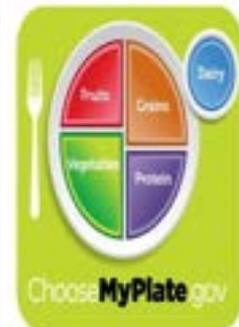
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2 nd -6 th	Corndogs Bakedbean Salad Fruit cup Milk	Pasta-w-meat sauce Garlic Knot Greenbeans Pears Milk	Chicken Sandwich Smile Fries Grapes Milk	Tacos Corn Cucumbers Apples Milk	Quesadilla Salad Broccoli Oranges Milk
March 9 th -13 th	Hamburger Sweet Fries Greenbean Applesauce Milk	Mac &Cheese Roll Broccoli Apples Milk	Chicken Tenders Potato Corn Mixed Fruit Milk	Chili Cornbread Cauliflower Pears Milk	Calzones Salad Fruit cup Milk
March 16 th -20 th	Teriaki beef Rice Broccoli Oranges Milk	Chicken Fajita Corn Cucumbers Applesauce Milk	Waffles Sausage Hashbrown Mixed berries Milk	Bosco sticks Greenbeans Salad Apples Milk	Chefs Choice Veggies Fresh Fruit Milk
March 23 rd -26 th	Mac &Cheese Broccoli Roll Apples Milk	Walking Taco Salad Grapes Milk	Popcorn Chicken Potatoes Corn Mixed Fruit Milk	Calzones Carrots Pears Milk	No school

Daily Milk Choices:

Skim fat free
1% WHITE
1% CHOC

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.





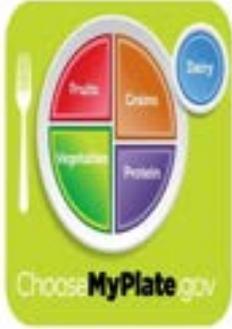
CHA SNACKS March

**Daily Milk
FAT FREE
WHITE**

Students are encouraged to try the daily fruits and vegetables offered.

WE OFFER A FRESH FRUIT AND VEGETABLE EVERY DAY

MENU SUBJECT TO CHANGE



Choose **MyPlate**.gov

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2nd-6th	Grams Mandarin Oranges	Tortilla Chips Salsa	Cinnamon Gold fish Applesauce	Cottage Cheese Peaches	No School
March 9th-13th	Applesauce Cheese Cubes	Frozen Berries Yogurt	Cucumbers Cheese Crackers	Blueberry Loaf Oranges	No School
March 16th-20th	Grams Mandarin Oranges	Tortilla Chips Salsa	Cinnamon Gold fish Applesauce	Cottage Cheese Peaches	No School
March 23rd-27th	Applesauce Cheese Cubes	Frozen Berries Yogurt	Half Day	Orange Loaf Apples	No School
Spring Break 27th-6th					



CHA SNACKS

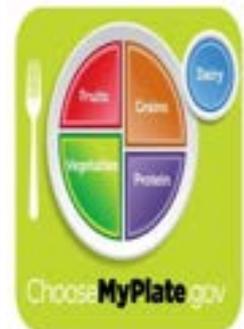
March

**Daily Milk
FAT FREE
WHITE**

Students are encouraged to try the daily fruits and vegetables offered.

**WE OFFER A
FRESH FRUIT
AND VEGETABLE
EVERY DAY**

**MENU SUBJECT
TO CHANGE**



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2nd-6th	Grams Mandarin Oranges	Tortilla Chips Salsa	Cinnamon Gold fish Applesauce	Cottage Cheese Peaches	Wheat Crackers Fruit Cup
March 9th-13th	Applesauce Cheese Cubes	Frozen Berries Yogurt	Cucumbers Cheese Crackers	Blueberry Loaf Oranges	Crackers Fruit cup
March 16th-20th	Grams Mandarin Oranges	Tortilla Chips Salsa	Cinnamon Gold fish Applesauce	Cottage Cheese Peaches	Wheat Crackers Fruit cup
March 23rd-27th	Applesauce Cheese Cubes	Frozen Berries Yogurt	Half Day	Orange Loaf Apples	No School
Spring Break 27th-6th					