



CHARLTON HESTON 3 YR BREAKFAST



Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 3 RD - 7 TH	PANCAKE FRUIT MILK	SMOOTHIE GRAM FRUIT MILK	BAGEL CREAM CHEESE FRUT/MILK	WAFFLE FRUIT MILK	NO SCHOOL
MARCH 10 TH - 14 TH	APPLE MUFFIN FRUIT MILK	OATMEAL FRUIT MILK	CEREAL FRUIT MILK	YOGURT PARFAT GRANOLA FRUIT MILK	NO SCHOOL
MARCH 17 TH - 20 TH	PANCAKE FRUIT MILK	SMOOTHIE GRAM FRUIT MILK	BAGEL CREAM CHEESE FRUT/MILK	WAFFLE FRUIT MILK	NO SCHOOL
MARCH 21 ST - 30 TH	SPRING	BREAK	RETURN TO SCHOOL ON THE 31 ST		NO SCHOOL



Choose **MyPlate** gov

CHARLTON HESTON 3 YR LUNCH

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 3 RD -7 TH	PIZZA GREEN BEANS FRUIT MILK	PASTA WITH MEAT SAUCE PEAS FRUIT MILK	CHIX STRIPS MASHED POTATO CORN FRUIT MILK	TACOS REFRIED BEANS FRUIT MILK	NO SCHOOL
MARCH 10 TH -14 TH	SWEET N SOUR CHIX RICE BROC/CAUL FRUIT MILK	HAMBURGERS BUN SWEET FRIES FRUIT MILK	PIZZA BAKED BEANS FRUIT MILK	CHX SAND BUN GREEN BEANS FRUIT MILK	NO SCHOOL
MARCH 17 TH -20 TH	PIZZA GREEN BEANS FRUIT MILK	PASTA WITH MEAT SAUCE PEAS FRUIT MILK	CHIX STRIPS MASHED POTATO CORN FRUIT MILK	TACOS REFRIED BEANS CARROTS FRUIT MILK	NO SCHOOL
MARCH 21 ST -30 TH	SPRING	BREAK	RETURN TO SCHOOL ON THE 31 ST		

Daily Milk Choices:
1% AND FAT FREE WHITE

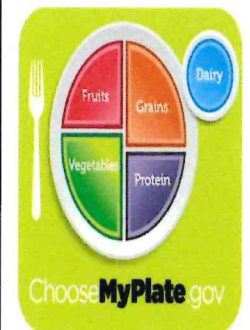
1% CHOCOLATE

Students are encouraged to try the daily fruits and vegetables offered.

WE OFFER A FRESH FRUIT AND VEGETABLE EVERY DAY

SECOND CHOICE OFFERED

MENU SUBJECT TO CHANGE





CHARLTON HESTON PRE K BREAKFAST



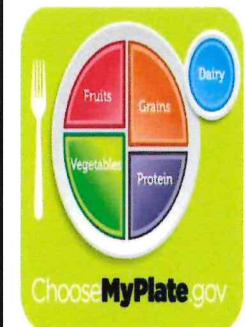
**Daily Milk
Choices:**

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 3 RD - 7 TH	PANCAKE FRUIT MILK	SMOOTHIE GRAM FRUIT MILK	BAGEL CREAM CHEESE FRUT/MILK	WAFFLE FRUIT MILK	NO SCHOOL
MARCH 10 TH - 14 TH	MUFFIN FRUIT MILK	OATMEAL FRUIT MILK	FRUIT MILK	YOGURT PARFAT GRANOLA FRUIT MILK	NO SCHOOL
MARCH 17 TH - 20 TH	PANCAKE FRUIT MILK	SMOOTHIE GRAM FRUIT MILK	BAGEL CREAM CHEESE FRUT/MILK	WAFFLE FRUIT MILK	NO SCHOOL
MARCH 21 ST - 30 TH	SPRING	BREAK	RETURN TO SCHOOL ON THE 31 ST		NO SCHOOL



Choose **MyPlate** gov



CHA Patriots Café PRE K Lunch



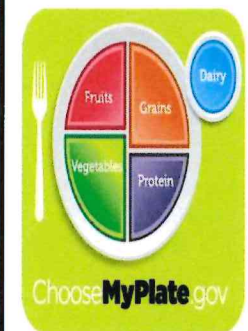
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 3 RD -7 TH	CORN DOGS GREEN BEANS FRUIT MILK	PASTA WITH MEAT SAUCE PEAS FRUIT MILK	CHIX STRIPS MASHED POTATO CORN FRUIT MILK	TACOS REFRIED BEANS FRUIT MILK	NO SCHOOL
MARCH 10 TH -14 TH	SWEET N SOUR CHIX RICE BROC/CAUL FRUIT MILK	HAMBURGERS BUN SWEET FRIES FRUIT MILK	HOT DOGS BUN BAKED BEANS FRUIT MILK	CHX SAND BUN GREEN BEANS FRUIT MILK	NO SCHOOL
MARCH 17 TH -20 TH	CORN DOGS GREEN BEANS FRUIT MILK	PASTA WITH MEAT SAUCE PEAS FRUIT MILK	CHIX STRIPS MASHED POTATO CORN FRUIT MILK	TACOS REFRIED BEANS CARROTS FRUIT MILK	NO SCHOOL
MARCH 21 ST -30 TH	SPRING	BREAK	RETURN TO SCHOOL ON THE 31 ST		NO SCHOOL

Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



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CHA Patriots Café K-12 Breakfast

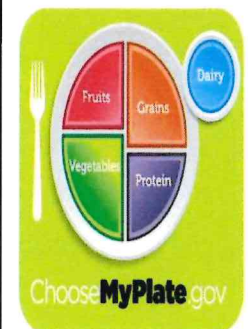


WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 3 RD -7 TH	BENEFIT BAR FRUIT MILK	SMOOTHIE GRAM FRUIT MILK	BAGEL CREAM CHEESE FRUT/MILK	FRUDEL FRUIT MILK	CEREAL CHEESE FRUIT MILK
MARCH 10 TH -14 TH	MUFFIN FRUIT MILK	OATMEAL FRUIT MILK	COCO CHERRY BAR FRUIT MILK	YOGURT PARFAT GRANOLA FRUIT MILK	CEREAL GRAM FRUIT MILK
MARCH 17 TH -20 TH	BENEFIT BAR FRUIT MILK	SMOOTHIE GRAM FRUIT MILK	BAGEL CREAM CHEESE FRUT/MILK	FRUDEL FRUIT MILK	NO SCHOOL SPRING BREAK STARTS
MARCH 21 ST -30 TH	SPRING	BREAK	RETURN TO SCHOOL ON THE 31 ST		

Daily Milk Choices:
1% white milk
&
Skim fat free chocolate

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.





CHA Patriots Café

K-8 LUNCH



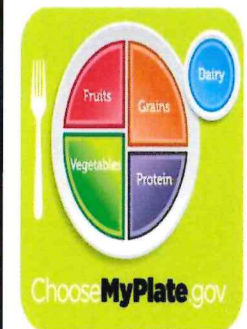
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 3 RD -7 TH	CORN DOGS GREEN BEANS FRUIT MILK	PASTA WITH MEAT SAUCE PEAS FRUIT MILK	CHIX STRIPS MASHED POTATO CORN FRUIT MILK	TACOS REFRIED BEANS FRUIT MILK	PIZZA SIDE SALAD CARROTS FRUIT MILK
MARCH 10 TH -14 TH	SWEET N SOUR CHIX RICE BROC/CAUL FRUIT MILK	HAMBURGERS BUN SWEET FRIES FRUIT MILK	HOT DOGS BUN BAKED BEANS FRUIT MILK	CHX SAND BUN GREEN BEANS FRUIT MILK	CALZONES SIDE SALAD FRUIT MILK
MARCH 17 TH -20 TH	CORN DOGS GREEN BEANS FRUIT MILK	PASTA WITH MEAT SAUCE PEAS FRUIT MILK	CHIX STRIPS MASHED POTATO CORN FRUIT MILK	TACOS REFRIED BEANS CARROTS FRUIT MILK	NO SCHOOL SPRING BREAK
MARCH 21 ST -30 TH	SPRING	BREAK	RETURN TO SCHOOL ON THE 31 ST		

Daily Milk Choices:

Skim fat free

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal

Menu Subject to change.



CHA Patriots Café

9-12

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 3 RD -7 TH	CORN DOG CHIPS GREEN BEANS FRUIT MILK	PASTA WITH MEAT SAUCE ROLL PEAS/ CUCES FRUIT MILK	CHIX STRIPS MASHED POTATO CORN FRUIT MILK	TACOS REFRIED BEANS PEPPERS FRUIT MILK	PIZZA SIDE SALAD CARROTS FRUIT MILK
MARCH 10 TH - 14 TH	SWEET N SOUR CHIX RICE BROC/CAUL FRUIT MILK	HAMBURGERS BUN SWEET FRIES PICKLES FRUIT MILK	HOT DOGS BUN CHIPS BAKED BEANS FRUIT MILK	CHX SAND BUN GREEN BEANS PEPPERS FRUIT MILK	CALZONES SIDE SALAD CARROTS FRUIT MILK
MARCH 17 TH - 20 TH	CORN DOG CHIPS GREEN BEANS FRUIT MILK	PASTA WITH MEAT SAUCE ROLL PEAS/ CUCES FRUIT MILK	CHIX STRIPS MASHED POTATO CORN FRUIT MILK	TACOS REFRIED BEANS PEPPERS FRUIT MILK	NO SCHOOL SPRING BREAK
MARCH 21 ST - 30 TH	SPRING	BREAK	RETURN TO SCHOOL ON THE 31 ST		

Daily Milk Choices:
1% AND FAT FREE WHITE

1% CHOCOLATE

Students are encouraged to try the daily fruits and vegetables offered.

WE OFFER A FRESH FRUIT AND VEGETABLE EVERY DAY

SECOND CHOICE OFFERED

MENU SUBJECT TO CHANGE

