

## **CHA Patriots Café** K-12 **Breakfast**



**Daily Milk** Choices: 1% white milk & Skim fat free chocolate

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAY 1 <sup>st</sup> -3 <sup>rd</sup>			CEREAL GRAM FRUIT MILK	DONUTS FRUIT MILK	YOGURT GRANOLA FRUIT MILK	Students are encouraged to try the daily fruits and vegetables offered. Select
МАҮ 6 <sup>тн</sup> -10 <sup>тн</sup>	CINNAMON ROLL FRUIT MILK	POPTART CHEESE STICK FRUIT MILK	WAFFLES FRUIT MILK	BREAKFAST COOKIE FRUIT MILK	BANANA BREAD FRUIT MILK	at least ½ cup of fruit or vegetable to make it a meal
МАҮ 13 <sup>тн</sup> -17 <sup>тн</sup>	PANCAKE FRUIT MILK	COCO CHERRY BAR FRUIT MILK	CEREAL GRAM FRUIT MILK	DONUTS FRUIT MILK	YOGURT GRANOLA FRUIT MILK	Menu Subject to change.
MAY 20 <sup>TH</sup> -24 <sup>TH</sup>	CINNAMON ROLL FRUIT MILK	POPTART CHEESE STICK FRUIT MILK	WAFFLES FRUIT MILK	BREAKFAST COOKIE FRUIT MILK	NO SCHOOL	Fruits Grains Dairy
MAY 27 <sup>TH</sup> -31 <sup>ST</sup>	NO SCHOOL	COCO CHERRY BAR FRUIT MILK	CEREAL GRAM FRUIT MILK	DONUTS FRUIT MILK	YOGURT GRANOLA FRUIT MILK	Choose MyPlate.gov



## CHA Patriots Café PRE K /3 YEAR OLDS BREAKFAST



Daily Milk Choices:

Skim fat free

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Students are
MAY 1 <sup>st</sup> -3 <sup>rd</sup>			HONEY BAGEL CREAM CHEESE FRUIT/MILK	CEREAL FRUIT MILK	NO SCHOOL	encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or
МАҮ 6 <sup>тн</sup> - 10 <sup>тн</sup>	MUFFIN FRUIT MILK	ENGLISH MUFFIN FRUIT MILK	CEREAL FRUIT MILK	YOGURT GRAM FRUIT MILK	NO SCHOOL	vegetable to make it a meal Menu Subject to
МАҮ 13 <sup>тн</sup> - 17 <sup>тн</sup>	BANANA BREAD FRUIT MILK	FRENCH TOAST FRUIT MILK	HONEY BAGEL CREAM CHEESE FRUIT/MILK	CEREAL FRUIT MILK	NO SCHOOL	change.
МАҮ 20 <sup>тн</sup> - 24 <sup>тн</sup>	MUFFIN FRUIT MILK	ENGLISH MUFFIN FRUIT MILK	CEREAL FRUIT MILK	YOGURT GRAM FRUIT MILK	NO SCHOOL	Pruits Grains Dairy
MAY 27 <sup>TH</sup> - 31 <sup>ST</sup>	NO SCHOOL	ENGLISH MUFFIN FRUIT MILK	CEREAL FRUIT MILK	YOGURT GRAM FRUIT MILK	NO SCHOOL	Vegetables Protein Choose MyPlate.gov

			atriots Café LUNCH			Daily Milk Choices: 1% white milk
DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	& Skim fat free
MAY 1 <sup>st</sup> -3 <sup>rd</sup>			CHICKEN STRIPS MASH/CORN FRESH CARROTS FRUIT MILK	HOT DOGS BAKED BEANS PASTA SALAD FRUIT MILK	PIZZA SIDE SALAD FRESH PEPPERS FRUIT MILK	chocolate Students are encouraged to try the daily fruits and
МАҮ 6 <sup>тн</sup> -10 <sup>тн</sup>	BBQ PORK SAND SLAW FRESH CUKES FRUIT/ MILK	SALISBURY STEAK/ROLL MASH/CORN FRESH CARROTS FRUIT/MILK	CHIX SANDWICH CARROTS FRESH BROC FRUIT MILK	HAMBURGERS BAKED BEAN SLICED TOMATO FRUIT MILK	PIZZA SIDE SALAD FRESH PEPPERS FRUIT MILK	vegetables
МАҮ 13 <sup>тн</sup> - 17 <sup>тн</sup>	MAC N CHEESE ROLL BROC FRESH CELERY FRUIT/MILK	QUESADILLA RICE GREEN BEANS FRESH TOMATO FRUIT MILK	CHICKEN STRIPS MASH/CORN FRESH CARROTS FRUIT MILK	HOT DOGS BAKED BEANS PASTA SALAD FRUIT MILK	PIZZA SIDE SALAD FRESH PEPPERS FRUIT MILK	Menu Subject to change.
МАҮ 20 <sup>тн</sup> - 24 <sup>тн</sup>	BBQ PORK SAND SLAW FRESH CUKES FRUIT/ MILK	SALISBURY STEAK/ROLL MASH/CORN FRESH CARROTS FRUIT/MILK	CHIX SANDWICH CARROTS FRESH BROC FRUIT MILK	HAMBURGERS BAKED BEAN SLICED TOMATO FRUIT MILK	NO SCHOOL	Pruits Grains Dairy
МАҮ 27 <sup>тн</sup> - 31 <sup>sт</sup>	NO SCHOOL	QUESADILLA RICE GREEN BEANS FRESH TOMATO FRUIT MILK	CHICKEN STRIPS MASH/CORN FRESH CARROTS FRUIT MILK	HOT DOGS BAKED BEANS PASTA SALAD FRUIT MILK	PIZZA SIDE SALAD FRESH PEPPERS FRUIT MILK	Choose MyPlate.gov

PATRIOTS

## **CHA Patriots Café** 6-12 LUNCH

						Choices:
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	1% AND FAT FREE WHITE
MAY 1 <sup>st</sup> -3 <sup>rd</sup>			CHICKEN STRIPS MASH/CORN ROLL/FRESH CARROTS FRUIT MILK	HOT DOGS BAKED BEANS PASTA SALAD FRUIT MILK	PIZZA SIDE SALAD FRESH PEPPERS FRUIT MILK	1% CHOCOLATE Students are encouraged to try the daily
МАҮ 6 <sup>тн</sup> -10 <sup>тн</sup>	BBQ PORK SAND SLAW FRESH CUKES FRUIT/ MILK	SALISBURY STEAK MASH/CORN FRESH CARROTS FRUIT/MILK	CHIX SANDWICH CARROTS FRESH BROC FRUIT MILK	HAMBURGERS BAKED BEAN SLICED TOMATO FRUIT MILK	PIZZA SIDE SALAD FRESH PEPPERS FRUIT MILK	fruits and vegetables offered. WE OFFER A FRESH FRUIT AND VEGETABLE EVERY DAY
МАҮ 13 <sup>тн</sup> - 17 <sup>тн</sup>	MAC N CHEESE ROLL BROC FRESH CELERY FRUIT/MILK	QUESADILLA RICE GREEN BEANS FRESH TOMATO FRUIT MILK	CHICKEN STRIPS MASH/CORN ROLL/FRESH CARROTS FRUIT MILK	HOT DOGS BAKED BEANS PASTA SALAD FRUIT MILK	PIZZA SIDE SALAD FRESH PEPPERS FRUIT MILK	SECOND CHOICE OFFERED MENU SUBJECT TO CHANGE
MAY 20 <sup>TH</sup> - 24 <sup>TH</sup>	BBQ PORK SAND SLAW FRESH CUKES FRUIT/ MILK	SALISBURY STEAK MASH/CORN FRESH CARROTS FRUIT/MILK	CHIX SANDWICH CARROTS FRESH BROC FRUIT MILK	HAMBURGERS BAKED BEAN SLICED TOMATO FRUIT MILK	NO SCHOOL	Pruits Grains Dairy
MAY 27 <sup>TH</sup> -31 <sup>ST</sup>	NO SCHOOL	QUESADILLA RICE GREEN BEANS FRESH TOMATO FRUIT MILK	CHICKEN STRIPS MASH/CORN ROLL/FRESH CARROTS FRUIT MILK	HOT DOGS BAKED BEANS PASTA SALAD FRUIT MILK	PIZZA SIDE SALAD FRESH PEPPERS FRUIT MILK	Vegetables Protein Choose <b>MyPlate</b> .gov

Daily Milk Т Е