



*We promise families a school with a challenging academic program and a culture that values integrity, academic excellence, civic responsibility, and accountability that centers on college and career readiness.*

Greetings Parents and Student-Athletes,

We are excited to get our fall sports seasons rolling and are enjoying having events for students to compete in and attend. As part of these events, participating student-athletes are permitted to dress up for school on game days. Coaches have gone over guidelines with student-athletes, however, we would like to establish formal guidelines for dressing up.

- Students have the option to wear dress slacks or skirts, with a dress shirt or sweater, or a dress. Ties for young gentlemen are encouraged, but not required. Dress shirts must be tucked in. Dresses or skirts should be longer than fingertip length when arms are resting at a student's side.
- Denim material is not considered dressing up. Leggings are popular, especially in the winter, and can be worn under a dress that is appropriate without the leggings.
- Athletic uniforms are not acceptable for wear during the day-football and cheer are the only exceptions to this rule. Basketball, volleyball, cross country, wrestling, and track uniforms are not allowed to be worn during the school day.
- Teams may have shirts or warm-ups, these may be worn to school with the coach's permission, with khaki pants
- **Items that are not to be worn on dress-up days include but are not limited to, hoodies, tank tops, open-toed shoes, or hats.**

Many students enjoy dressing up, however, it is not required. Students may choose to wear their school uniform. If you have any questions, please feel free to reach out to myself or any administrative staff.

Thank you for your continued support of Charlton Heston Academy's Athletic Programs,

Athletic Director