

All football players,

Hello players. My name is Chris Palazzolo and I'm the new head football coach at Charlton Heston Academy. I cannot begin to express how excited I am to meet all the players at every level and get started on what I hope is an exciting 2020 season. I'm sure there are a lot of questions surrounding this upcoming season, and I hope I will be able to answer any you may have.

My goal this year is to create an entirely new culture with the football program and to start to build a solid foundation for future players and teams. This will require hard work, dedication and selfless players to achieve.

As of now, due to the Covid 19 pandemic, we are unable to give an exact date in which we will begin practices. It is my hope that July 20th thru the 24th, and July 27th thru July 31st, we will be able to hold non contact, helmet only practices. These practices will introduce you to the new playbooks, schemes, practice requirements, and cardio we will need before we have fully padded practices beginning in August. Due to MHSAA regulations, each player must bring their own water bottles to drink from. You will be required to dress appropriately due to weather conditions. Shorts and tee shirts will be fine to wear since we will not be tackling and football cleats are required. If you are not able to attend July practices due to other obligations, please contact myself or the athletic director at the school. These practices are very important to attend, since everything will be completely new. Please make every attempt to be there so you do not fall behind.

Stay tuned to the school website for any changes or additional information you may need prior to the beginning of the season. Again, I cannot wait to begin this season, and I hope all you players are as excited as I Am to hit the field. Go Patriots!

Sincerely,

Chris Palazzolo (Coach P)

CPalazzolo@CharltonHestonAcademy.com