



CHA Student Athletes & Parents

Everyone is anxiously awaiting announcements and plans for the fall, both for the classroom and how athletics fits into that picture. We have been hard at work navigating the new normal, and working diligently to keep up to date with the constant changes. Please know that we are providing you the most up to date information and it will most likely change. If you have any questions, please feel free to contact myself or the school directly. Please keep in mind that we still have plenty of questions ourselves, but will do our best to make sure yours are answered.

The first change you need to be aware of is a change in physicals. This change is for one year only and will go back to its previous state for the 2021-2022 school year. For the 2020-2021 school year physicals are not required for students who had a physical during the 2019-2020 school year. If a student has a physical on file for the 2019-2020 school year they will need to fill out a "Physical Waiver" prior to participating. The physical waiver does not require a doctor signature, only the parent and student athlete. If the student did not participate in any sport for the 2019-2020 school year they will need a new physical from their doctor. The other required paperwork to participate is the Concussion Waiver, this only requires a parent and player signature. All forms will be posted to the school website, and made available at the school office. Copies will be available for pick up on the July 9 bus delivery.

This fall we will be offering football, sideline cheer, volleyball, and cross country for students in grades 6-12, and girls golf for 9-12. We will also be offering flag football and will be working with the Houghton Lake Youth Soccer Association again for soccer. Flag football and soccer information will be available at a later date. Current start dates for high school football practice is August 10, and high school volleyball and cross country will begin August 12. Middle school sports will not begin until school has started in September. Please note this is when MANDATORY practices begin, coaches may host camps, clinics, and other practices before practice begins.

Our high school coaches are working on getting in touch with all their players. In order to get our coaches the most up to date information we are creating a google form for potential student athletes/parents to fill out. The contact information will be given to coaches to pass along information. This information will also allow us to better plan, schedule and meet team needs. The survey can be found at: <https://forms.gle/Hi52FkjnyTg9Jch9> Please complete the form no later than Friday, June 26.

We will be posting information from coaches this week regarding summer workouts and preparations for the upcoming season, this will include procedures due to COVID19. Please contact myself, or any of the coaches if you have questions.

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